DOCUMENT RESUME

ED 305 299 SO 019 771

TITLE	Family Life Education: A Listing of Audio Visual Resources Available from Manitoba Education Library.
INSTITUTION	Manitoba Dept. of Education, Winnipeg.
REPORT NO	ISBN-0-7711-0782-X
PUB DATE	Nov 88
NOTE	27p.
PUB TYPE	Reference Materials - Bibliographies (131)
EDRS PRICE	MF01/PC02 Plus Postage.
DESCRIPTORS	*Adolescent Development; Annotated Bibliographies; Curriculum Enrichment; *Family Life Education; Foreign Countries; *Instructional Films; Intermediate Grades; Physical Development; Secondary Education; *Sex Education
IDENTIFIERS	*Manitoba

ABSTRACT

This annotated bibliography of audiovisual materials for grades five through twelve contains resources available from the Manitoba (Canada) Education Library. These films are recommended by the Manitoba Department of Education in support of the province's family life education curriculum. The topics covered include the maturation process, sexuality, pregnancy, and sexually transmitted diseases. Section 1 contains seven videorecordings available for dubbing, while section 2 includes eight films available only for viewing. Section 3 contains 30 additional recommended films available for viewing. Some annotations include viewing cautions. (DJC)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****

ED305299

Family Life Education

A listing of Audio Visual resources available from Manitoba Education Library

30 Dig 791

"PERMISSION TO REPRODUCE THIS MATERIAL HAS BEEN GRANTED BY
K. A. COSENS
TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)."

U.S. DEPARTMENT OF EDUCATION
Office of Educational Research and Improvement
EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)
X This document has been reproduced as received from the person or organization originating it.
☐ Minor changes have been made to improve reproduction quality.
• Points of view or opinions stated in this document do not necessarily represent official OERI position or policy.

Manitoba Education
Instructional Resources

November 1988

Family life education : a listing of audiovisual resources available from Manitoba Education Library

The Manitoba Education Library has acquired many new materials in the area of family life education; maturation, in particular. The first two sections of the bibliography list new materials for duplication and for booking. The last section represents a selection of additional materials drawn from the Catalogue of bookable 16mm films and videorecordings 1988.

Section 1, entitled "Recommended resources available for **dubbing or booking**", contains much of the material on the maturation process. Arranged in the popular package format for grades 5 and 9, the programs described are available for dubbing on one tape or individually, whichever the teacher prefers. All are recommended and support the curriculum of the Province. Please note that the Grade 7 program contains only **one** item.

Section 2, entitled "New audiovisual materials available for **booking**", contains recommended material available in VHS format only. No duplication rights have been acquired.

Section 3, entitled "Other audiovisual support materials", is a list of films available for **booking**, with the exception of Feeling Yes, Feeling No which is a series of videorecordings available for booking or dubbing.

To obtain dubs of any of these programs, either purchase blank tape (price includes the dubbing charge) from the Manitoba Textbook Bureau which, in turn, will transfer the tape to the Dubbing Centre for filling of your request; or supply your own tape and pay the $2.00 per tape dubbing charge by Textbook Bureau account, school division purchase order, cheque or cash. Complete the Dubbing Request Form. For further information refer to the Videocassette Dubbing Information sheet 1988, or phone the Dubbing Service at 945-7848 or 1-800-282-8069, ext. 7848.

To book any of these films or videos call Film Booking at 945-7849 in Winnipeg or 1-800-592-7330 (Toll Free Number) outside Winnipeg, or write to Film/Video Booking, Manitoba Education Library, Box 2, Main Floor, 1181 Portage Avenue, Winnipeg, Manitoba R3G 0T3. The call number/booking number and your client number must be provided.

016.6126007
F36 Family life education : a listing of audiovisual resources available from Manitoba Education Library.

ISBN 0-7711-0782-X

1. Family life education--Bibliography.
2. Sex instruction--Bibliography.
3. Veneral disease--Bibliography.
4. Pregnancy--Bibliography. 5. Child molesting--Bibliography. 6. AIDS (Disease)--Bibliography.
I. Manitoba. Manitoba Education Library

November 1988 Winnipeg, Manitoba

SECTION 1: RECOMMENDED RESOURCES AVAILABLE FOR DUBBING AND BOOKING

Section 1, entitled "Recommended resources available for **dubbing or booking**", contains much of the material on the maturation process. Arranged in the popular package format for grades 5 and 9, the programs described are available for dubbing on one tape or individually, whichever the teacher prefers. All are recommended and support the curriculum of the Province. Please note that the Grade 7 program contains only **one** item.

To obtain dubs of any of these programs, either purchase blank tape (price includes the dubbing charge) from the Manitoba Textbook Bureau which, in turn, will transfer the tape to the Dubbing Centre for filling of your request; or supply your own tape and pay the $2.00 per tape dubbing charge by Textbook Bureau account, school division purchase order, cheque or cash. Complete the Dubbing Request Form. For further information refer to the Videocassette Dubbing Information sheet 1988, or phone the Dubbing Service at 945-7848 or 1-800-282-8069, ext. 7848.

To book any of these films or videos call Film Booking at 945-7849 in Winnipeg or 1-800-592-7330 (Toll Free Number) outside Winnipeg, or write to Film/Video Booking, Manitoba Education Library, Box 2, Main Floor, 1181 Portage Avenue, Winnipeg, Manitoba R3G 0T3. The call number/booking number and your client number must be provided.

VIDEORECORDINGS FOR GRADE 5

FAMILY LIFE EDUCATION GRADE 5 PACKAGE

This package contains two programs: **Girl to woman** and **Boy to man**, requiring a one-hour tape for duplication.

Availability:
For dubbed copy: VT-0490
For bookable copy: ½" beta I - 7751
½" VHS - 7752

GIRL TO WOMAN (2nd revision). 17 min. McIntyre Media, 1984.

Aimed at all girl audiences, this videorecording follows the same sequence in the presentation of ideas as **Then One Year** and **Boy to Man.**

Acknowledging that this is a time of changing feelings about herself, her relationship to boys, and her maturing body, this presentation reassures girls that different rates of growth are normal, and so is being taller than most boys for awhile.

The skin change sequence involving perspiration and acne is the same in all three presentations which stresses washing with soap and water, eating properly, exercising, and getting adequate rest.

From this topic the presentation moves to the pituitary gland and the role of hormones in the maturation process. In an animated sequence it is demonstrated how the hormones stimulate growth externally and internally. Menstruation is described clearly in diagrams. A chart presents the range of normal rhythms that are possible.

Moving to an examination of the male reproductive system, we are shown how the male sex cells or sperm are created. Nature's way of passing sperm to the female vagina is through sexual intercourse. Through animation the fertilization process, cell division, and implantation are shown.

The last segment makes it clear that just because your body is able to reproduce does not mean that it should. There are many questions--questions of who you are, what you want out of life, how you fit into the world--to which a girl must seek the answers. "It takes time to get used to all the changes; for a girl to become a woman takes time".

Audience level: Grade 5 girls

Availability:
For dubbed copy: VT-325
For bookable copy: ½" beta I - 7571
½" VHS - 7572

BOY TO MAN (2nd revision). 16 min. McIntyre Media, 1984.

Aimed at an audience of boys, this videorecording follows the same sequence in the presentation of ideas and shares some of the same animated segments as **Then One Year** and **Girl to Woman**.

Acknowledging that this is a time of changing feelings about himself, his relationship to girls, and his maturing body, this presentation reassures boys that different rates of growth are normal and so is the fact that girls may be taller than boys for awhile.

The skin change sequence involving perspiration and acne is the same in all three presentations which stresses washing with soap and water, eating properly, exercising, and getting adequate rest.

From this topic, the presentation moves on to the glandular changes. Set off by the pituitary gland, hormones stimulate body hair growth, a deepening voice, a stronger build. Diagrams illustrate sexual maturation and the functioning of the male reproductive system. Mention is made of both wet dreams and masturbation.

Next, an examination of the female reproductive system precedes the topic of fertilization of the ovum. Animation is used to show how sperm travels to meet the ovum, is fertilized, travels to the uterus, begins the process of cell division, and becomes implanted.

Just because the body is capable of reproducing does not mean that it should. There are many questions--questions of who you are, what you want out of life, how you fit into the world--to which a boy must seek the answers. "It takes time to get used to all the changes, for a boy to become a man takes time".

Audience level: Grade 5 boys

Availability:
For dubbed copy: VT-324
For bookable copy: ½" beta I - 7565
½" VHS - 7566

VIDEORECORDING FOR GRADE 7

THEN ONE YEAR (revised edition). 20 min. McIntyre Media, 1984.

Even though the boys and girls portrayed in this videorecording are all 12, the growth spurt can start at different times for each one. This is a time of change--"in body and in feelings" as well as a time of "plain awkwardness", says the narrator.

Skin changes; odour from perspiration, and acne from the increased flow of oil and obstructed pores accompany puberty. Washing with soap and water, eating properly, exercising, and getting adequate rest are stressed.

From this topic the videorecording moves to the pituitary gland and the role of hormones in the maturation process. First the girl's reproductive system and then the boy's is presented with the aid of animated diagrams. Menstruation is nature's way of preparing the uterus for bearing a baby. Masturbation is described as a natural outlet causing "no mental or physical harm". By use of diagrams, fertilization of the egg is explained, followed by implantation; and so begins the growth of a baby, which is born nine months later. No explanation of the developmental process of the fetus is undertaken.

The last segment deals with the process of maturing, explaining that just because your body is able to reproduce does not mean that it should. There are many questions--questions of who you are, where are you going, what are all these new feelings, how do you fit into the world--to which a teen must seek the answers.

The videorecording ends on a note of reassurance: that just like learning to dance at a party, you are not expected to know everything the first time. In life, maturing takes time. Viewers who know **Boy to Man** and **Girl to Woman** will recognize that **Then One Year** is a composite of these two films and designed for an audience of girls and boys integrated together.

Audience level: Grade 7

Availability:
For dubbed copy: VT-326
For bookable copy: ½" beta I - 7737
½" VHS - 7738

VIDEORECORDINGS FOR GRADE 9

FAMILY LIFE EDUCATION GRADE 9 PACKAGE I

Part I of the Grade 9 package contains: **Sex, choices and you** and **A million teenagers**, requiring a one-hour tape for duplication.

Availability:
For dubbed copy: VT-0491
For bookable copy: ½" beta I - 7753
½" VHS - 7754

SEX, CHOICES, AND YOU. 18 min. Omega Films, 1987.

We make choices every day, some more important than others, from what we wear to what we do about the powerful feelings of sex. Immediately the video-recording, hosted by a young person, Alexandra Paul, acknowledges abstinence as a good choice, particularly if you feel you are not ready; but if you choose to engage in sexual activity, you risk Acquired Immune Deficiency Syndrome (AIDS), Sexually Transmitted Diseases (STD's), and unwanted pregnancy. The pressures on teens come from friends, family, their own bodies, and the misleading images from the media.

Everybody is not doing it for a number of reasons which are plainly described. Firstly, there is the question of unwanted pregnancy. In the United States, 1 million girls a year get pregnant, half within 6 months of their first sexual experience, by using no protection and assuming that it happens to "someone else". This point is made clear by the interviews with the teens involved. The second reason is the danger presented by STD's--some may never be cured, some can kill, and many may be passed on unknowingly.

Sex involves emotional and ethical values. Boys' locker room talk revolves around "making it"; girls', around deflecting the "lines".

Masturbation is described as normal and not unhealthy, but you must make your own decision if it is against family or religious beliefs.

Abstinence is advocated again; but if a teen chooses sexual activity, the various methods of protection are given with the emphasis on planning to use contraceptives. A few vignettes illustrate couples talking over their chosen method(s) of protection. The last vignette, involving two girls, explores the manner in which one girl got a "reputation" she had to live down. Finally, abstinence or staying with a single partner are advocated.

Audience level: Grade 9

Availability:
For dubbed copy: VT-221
For bookable copy: ½" beta I - 7569
½" VHS - 7570

A MILLION TEENAGERS (4th edition). 23 min. McIntyre Media, 1985.

The sensitive topic of sexually transmitted diseases (STD's) is handled effectively using a combination of teen advocates presenting information, clearly animated sequences, and a selection of first hand experiences from several teens. This revised version reflects the current conditions giving information on AIDS and expanding the segments on herpes and chlamydia. In each case the physiology, transmission, symptoms and treatment are given. Gonorrhea, syphilis, PID, NGU are also covered; and mention is made that there are other STD's as well.

The opening sequence acknowledges the embarrassing feelings which come with STD's; the closing sequence explains how to prevent STD's by wearing a condom, washing and abstinence. Teens need to have access to information and to exercise good sense. A very brief teacher's guide accompanies the video-recording.

Audience level: Grade 9

Availability:
For dubbed copy: VT-321
For bookable copy: ½" beta I - 7567
½" VHS - 7568

FAMILY LIFE EDUCATION GRADE 9 PACKAGE II

Part II of the Grade 9 package contains: **Human Growth IV** and **Have a healthy baby : pregnancy** (2nd edition), requiring a one-hour tape for duplication.

Availability:
For dubbed copy: VT-0492
For bookable copy: ½" beta I - 7755
½" VHS - 7756

HUMAN GROWTH IV. 23 min. McIntyre Media, 1986.

Factual information presented in animated diagrams is interwoven among numerous dramatizations in which the concerns, observations and reactions of boys and girls, all aged 13, are brought out in their conversations. We are shown that different rates of maturation are normal. Both the male and female reproductive systems are explained using very fine animation. In addition to covering menstruation, erection, ejaculation and masturbation--all the physical aspects of growing up--recognition is given also to the emotional side of maturing. In openly discussing their feelings, a group of boys demonstrate that there is nothing to be ashamed of in growing up.

Next, the process of fertilization is represented through diagrams. A developing fetus is shown through both diagram and live pictures culminating in the presentation of a live birth. The material is sensitively handled throughout. The teens' myriad of questions end the presentation but the message comes through that the issue of sex is "too important to mess up".

Audience level: Grade 9

Availability:
For dubbed copy: VT-322
For bookable copy: ½" beta I - 7739
½" VHS - 7740

HAVE A HEALTHY BABY : PREGNANCY (2nd revision). 24 min. McIntyre Media, 1987.

Weaving together live action and animated sequences, this videorecording presents a great deal of information as well as common concerns about prenatal care. The animated sequences present clear, well labelled diagrams illustrating major points such as conception, cell division, implantation, and the first months' rapid growth. The next segment presents real parents preparing themselves by such activities as visiting the doctor and learning about proper nutrition. Following this, the animated sequence describes the evolution of the central nervous system, the skeleton of cartilage--and so the videorecording progresses with the management of the pregnancy and development of the fetus treated side by side.

Proper nutrition including a lesson on explaining the food groups, what constitutes a serving, and the need for folic acid and iron is stressed for the benefit of mother and fetus. Dangers to the fetus including viruses, drugs, alcohol, aspirin and smoking are illustrated. As the baby develops further, the value of simple exercise is pointed out for strengthening muscles and for endurance.

The process of giving birth is described as we listen in on a childbirth education class which the couples seen throughout the video are attending. Describing the 9th month and their feeling of anxiousness to finish the pregnancy, combined with impatience to see their babies, the parents in the videorecording proudly show off their new offspring in the last sequence.

Audience level: Grade 9

Availability:
For dubbed copy: VT-322
For bookable copy: ½" beta I - 7741
½" VHS - 7742

SECTION 2: NEW AUDIOVISUAL MATERIALS AVAILABLE FOR BOOKING

New to the Library, these recommended audiovisual support materials are available in VHS format ONLY. No duplication rights have been acquired.

These videos are available for booking by calling 945-7849 in Winnipeg or 1-800-592-7330 (Toll Free number) outside Winnipeg or by writing: Film/Video Booking, Manitoba Education Library, Box 2, Main Floor, 1181 Portage Avenue, Winnipeg, Manitoba R3G 0T3. The call number/booking number and your client number must be provided.

ALL ABOUT BABIES : A GUIDE TO THE FIRST TWO YEARS OF LIFE. A series of 5 programs, 28-30 min. each. McIntyre Media, 1987.

Individual titles:

The first three months : adaptation
The first three months : helping the baby feel at home
Four to twelve months : reaching out
The developing baby : issues & aspects of the first two years
The second year : the birth of the individual

This series warmly presents not only the basic concepts of infant development but also the sense of wonder and beauty surrounding new life. The professionals featured obviously love and respect babies. The real parents shown here are eager to learn about their infant and the role they play in the nurturing process.

The series succeeds because of the organization of the material. Within the scope of each videorecording there is a logical sequence of subheadings; for instance, the first program breaks down into "The abilities of the newborn", "Physical development", and "The feedback cycle"; and the second into "Physical development", "Cognitive development", and "Emotional development".

A sample of some of the topics covered in the series include: crying as a positive means of communication; gross motor development; object permanence and causality; feeding; sleeping; and play as a learning process. There is a wealth of practical and theoretical information offered here in a comfortable, cheerful fashion.

Audience level: Grades 9-12

Availability: For ½" VHS bookable copy
The first three months : adaptation - 7559
The first three months : helping the baby feel at home - 7560
Four to twelve months : reaching out - 7561
The developing baby : issues & aspects of the first two years - 7562
The second year : the birth of the individual - 7563

BIRTH CONTROL : MYTHS AND METHODS. 27 min. McIntyre Media, 1986.

From the outset of this program it is clear that many misconceptions exist about birth control. By examining the male and female reproductive system in animation, a firm understanding is put in place so that the birth control procedures to follow are placed in context. Birth control measures fall into four broad groups--products available from a drugstore, those available from a doctor or nurse, natural planning, and permanent methods.

The rest of the program provides specific information on each product. The segment on condoms, for instance, offers advice on how to buy them, types available, how to use them correctly, and how they protect against disease and unwanted pregnancy. Similarly detailed information is provided for the spermicidal foam and the sponge.

The pill, which suppresses ovulation, is surrounded by myths, too. Facts, though, include seeing a doctor to determine your candidacy for this method, remembering to take it each day, living with some possible side effects, and knowing what to do if you miss taking a pill. The IUD, which carries the risk of pelvic infection, is not for everyone and certainly not recommended for teens. Medical personnel must also fit the diaphragm, another method of birth control.

The natural family planning method needs to be taught to be used properly and involves charting daily temperature and observing cervical mucus. Permanent, and considered irreversible, are vasectomy and tubal ligation. Abstinence is really the only 100% effective birth control method. The very last segment shows a group of teens practicing assertive behaviour and making statements such as "care enough about yourself to be protected" and "I have a method and it makes me feel good about myself".

Audience level: Grades 9-12

Availability:
For bookable copy: ½" VHS - 7545

SOMETIMES I WONDER. 30 min. Marlin Motion Pictures, 1984.

A brother and sister run away to their grandmother's ranch in protest over the arrival of their new baby brother who commands too much of their parents' time and attention. While at the ranch they learn about the nature of families and accept the chance to work out their problems and feelings as Grandma talks of raising and breeding horses. She talks of instincts, the power of nature, and the concern for the smallest details of life.

The children, enjoying a warm moment with Grandma, ask about the horse family; and as grandmother (played by Colleen Dewhurst) talks, we are treated to a beautiful sequence of Jinx, the mare, and the stallion who is attracted by her special smell, preparing to mate. Mare and stallion are seen running free. Mating, according to Grandma, is a special, close moment. Life begins with a tiny speck and begins to grow. It takes 11 months for the foal to grow until it is ready to be born.

It is in the middle of the night that Jinx is ready to foal and the wonder of the birth unfolds before us as well as the children of the story.

It is a majestic presentation of life, birth, and family bonds.

Audience level: Grades 3-5

Availability:
For bookable copy: ½" VHS - 7542

WHAT IS AIDS?. 15 min. Marlin Motion Pictures, 1988.

After a baseball game, and on the way for pizza, an adult and two children read a newspaper headline featuring AIDS. To the question of, "What is AIDS?", the man replies that "AIDS is like a game you can't win". In the first analogy the man demonstrates the attributes of a virus by showing how the cold virus attacks the defences where, in a mock baseball game, green and yellow "bugs" are initially winning against the "body" team. When the body's immune system fights back, the cold viruses are defeated. However, the AIDS virus prevents the body from identifying the virus and blindfolds the defences. The germs win "even on a bunt"--to go back to the baseball analogy.

The next analogy works well to explain the action of HIV on the immune system--the body is likened to a house; the skin, a fence. Normally, special helper T blood cells identify a troublemaker and call killer T cells to get rid of the troublemakers. This time the AIDS virus is dressed in red, the white cells in white; and the AIDS virus, which has invaded the defence system, has a white body and a red head and is now capable of destroying the body's natural ability to maintain health. All are seen wandering around the garden of the "house".

However, the good news according to the adult is that AIDS "can't get through the gate unless you let it in". Only indulging in risky, careless behaviour results in "unlocking the gate". These include having sex with infected partners and sharing infected needles. If you play it safe and avoid these behaviours you are not at risk. The misconceptions about ways of contracting AIDS are dispelled; and the fact that people may not know that they have AIDS is mentioned. You need not be afraid of normal contact with people who have AIDS. Certainly, as the boy sums up, if you "don't do drugs and stuff", you won't get AIDS. With that, the three help themselves to pizza. Though the description is not overly detailed for young children, the message comes through that AIDS is both serious and preventable.

Audience level: Grades 4, 5, 6

Availability:
For bookable copy: ½" VHS - 7564

SECTION 3: OTHER AUDIOVISUAL SUPPORT MATERIALS

A selection of additional titles currently held by the Library, with relevance to Family Life Education, is listed on the following pages alphabetically.

These films/videos are available for booking by calling 945-7849 in Winnipeg or 1-800-592-7330 (Toll Free number) outside Winnipeg or by writing: Film/Video Booking, Manitoba Education Library, Box 2, Main Floor, 1181 Portage Avenue, Winnipeg, Manitoba R3G 0T3. The call number/booking number and your client number must be provided.

Those titles with a VT number are available for dubbing.

To obtain dubs of any of these programs, either purchase blank tape (price includes the dubbing charge) from the Manitoba Textbook Bureau which, in turn, will transfer the tape to the Dubbing Centre for filling of your request; or supply your own tape and pay the $2.00 per tape dubbing charge by Textbook Bureau account, school division purchase order, cheque or cash. Complete the Dubbing Request Form. For further information refer to the Videocassette Dubbing Information sheet 1988, or phone the Dubbing Service at 945-7848 or 1-800-282-8069, ext. 7848.

AM I NORMAL? : A FILM ABOUT MALE PUBERTY 1979
1 reel (24 min.) : sd., col.; 16mm

Thirteen-year-old Jimmy is confused by the changes taking place in his body. When his father and friends cannot help him, he sets off on his own to get information. Through his interactions with adults, he gets answers to commonly-asked questions about puberty and early adolescence and learns that it is acceptable to ask.
CAUTION: This film should should be previewed before use.

Audience level: Grades 6-9
Availability:
For bookable copy: 0563

BATTERED TEENS 1980
1 reel (10 min.) : sd., col.; 16 mm

Tells the story of an abused teenager, Lisa Hutchinson, age 16, and her parents who are trying to break the chain of abuse. Lisa's parents attend a group called Parents Anonymous to talk through their problems, and Lisa helps organize a teen group where abused teens can talk to each other.

Audience level: Grades 7-adult
Availability:
For bookable copy: 2918

BETTER SAFE THAT SORRY 1978
1 reel (15 min.) : sd., col.; 16 mm

Presents dangerous situations that a child may encounter when away from his or her parents. Stresses the role of a child's good judgement in personal safety.

Audience level: Grades 1-9
Availability:
For bookable copy: 4103

BETTER SAFE THAN SORRY III 1985
1 reel (19 min.) : sd., col.; 16 mm

Hosted by Stephanie Edwards, discusses situations of teen sexual abuse and ways to avoid potentially abusive situations. Each situation is dramatized, and common sense rules for personal safety are suggested. Stresses that victims of abuse are not alone and not to blame for what has happened.

Audience level: Grades 7-12
Availability:
For bookable copy: 4289

THE FACTS FOR BOYS 1980
1 reel (24 min.) : sd., col.; 16 mm

While camping, horseback riding and jogging, actor Ken Howard and three boys, aged 10, 12 and 14, hold informal discussions about the maturing processes of the male body. A basic description of biological functions is given with animated illustrations.

Audience level: Grades 4-9
Availability:
For bookable copy: 4244

THE FACTS FOR GIRLS 1980
1 reel (23 min.) : sd., col.; 16 mm

Actress Marlo Thomas leads pre-adolescent and adolescent girls in an informal discussion about their changing bodies and some of the myths surrounding reproduction and menstruation. Illustrations of the female biological functions are inter-mixed with live action discussions in a variety of teenage activities.

Audience level: Grades 4-9
Availability:
For bookable copy: 4243

FAMILIES : CHANGING AND GROWING 1983
1 reel (15 min.) : sd., col.; 16 mm

Discusses the different kinds, the functions and the problems of families; and tries to help children cope with changes in their families.

Audience level: Grades 1-6
Availability:
For bookable copy: 4182

FEELING YES, FEELING NO. PART 1 1984
videorecording (14 min.) : sd., col.

The first of a three-part series on the prevention of sexual abuse of children, this program introduces the concepts of body ownership informing its young audience that their body is their own and not to be abused or threatened by anyone. It teaches children to distinguish between "yes" and "no" feelings and to say "no", whether to a best friend, a stranger, or an adult they know, when they are touched in a way that makes them feel uncomfortable or suspicious, and to report such incidents to persons they trust.
CAUTION: This videorecording should be previewed before use.

Audience level: Grades 1-6
Availability:
For dubbed copy: VT-727
For bookable copy: ½" beta I - 7284
½" VHS - 7283

For corresponding guides in the Library see: 371.46 F43 v.1 and 372.46 F43 p

FEELING YES, FEELING NO. PART 2 1984
videorecording (15 min.) : sd., col.

This program teaches its young audience about sexual assault. It deals primarily with encounters with strangers, and how to avoid dangerous predicaments before they arise.
CAUTION: This videorecording should be previewed before use.

Audience level: Grades 1-6
Availability:
For dubbed copy: VT-728
For bookable copy: ½" beta I - 7287
½" VHS - 7286

For corresponding guides in the Library see: 371.46 F43 v.2 and 372.46 F43 p

FEELING YES, FEELING NO. PART 3 1984
videorecording (16 min.) : sd., col.

Introduces the subject of sexual assault by family members or other trusted persons. The classroom actors role-play children's responses to several common family-member assault situations and the children in the audience offer self-help suggestions. This final program shows children how to protect their integrity in the face of such an event; to "keep asking adults you trust until you find someone who says, 'I will help you with your problem', and does".
CAUTION: This videorecording should be previewed before use.

Audience level: Grades 1-6
Availability:
For dubbed copy: VT-729
For bookable copy: ½" beta I - 7290
½" VHS - 7289

For corresponding guides in the Library see: 371.46 F43 v.3 and 372.46 F43 p

FEELING YES, FEELING NO. THE ADULT FILM 1984
videorecording (18 min.) : sd., col.

As an introduction to the series this program discusses, through interviews and roleplaying, the nature and scope of child assault. It also provides an understanding of the work done by the Green Thumb Theatre group, and clear information about what an adult can do, once confided in by an assaulted child.

Audience level: Parents and educators
Availability:
For dubbed copy: VT-730
For bookable copy: ½" beta I - 7293
½" VHS - 7292

For corresponding guides in the Library see: 371.46 F43 v.1, 2, 3 and 372.46 F43 p

FINDING OUT : INCEST AND FAMILY SEXUAL ABUSE 1984
1 reel (25 min.) : sd., col.; 16 mm

Defines incest and family sexual abuse, and provides a case history including comments by authorities on the problem. Includes insights from the victim, and from her husband, and stresses the importance of the mother in the case of father-daughter incest.
CAUTION: This film should be previewed before use.

Audience level: Grades 10-adult
Availability:
For bookable copy: 4193

GETTING MARRIED, STAYING MARRIED 1984
1 reel (28 min.) : sd., col.; 16 mm

Explores the expectations young people have for marriage versus the realities of married life. Shows a class discussing marriage; an engaged couple talk of their upcoming marriage; and a number of married couples comment on "what a successful marriage is" and "love does not conquer all".

Audience level: Grades 10-adult
Availability:
For bookable copy: 4321

GIRL STUFF 1982
1 reel (22 min.) : sd., col.; 16 mm

Uses animation and interviews with girls to give advice on feminine hygiene questions such as products used to suppress odor, pelvic inflammatory disorders, menstruation, and dealing with menstrual flow.

Audience level: Grades 4-9
Availability:
For bookable copy: 1483

HOW MANY WAYS DO WE GROW? 1975
1 reel (14 min.) : sd., col.; 16 mm

Discusses the physical, mental, emotional, and social growth that takes place between the ages of 10 and 14. Stresses that everyone is an individual and each person grows at his/her own rate.

Audience level: Grades 4-9
Availability:
For bookable copy: 0638

HUMAN REPRODUCTION (3rd edition) 1981
1 reel (22 min.) : sd., col.; 16 mm

Focuses on the biological aspects of human reproduction, explaining the structure and function of the male and female reproductive system. Shows the development of the fetus during pregnancy, and the three stages of the birth process.
CAUTION: This film should be previewed before use.

Audience level: Grades 7-adult
Availability:
For bookable copy: 1449

I THINK I'M HAVING A BABY 1981
1 reel (29 min.) : sd., col.; 16 mm

Presents the story of a fifteen-year-old girl who thinks she is pregnant. With the help of a friend and a nurse, she learns she is not pregnant and that there is a difference between love and making love.

Audience level: Grades 7-12
Availability:
For bookable copy: 2995

IT MUST BE LOVE, 'CAUSE I FEEL SO DUMB 1976
1 reel (29 min.) : sd., col.; 16 mm

A humorous and touching story that captures the awkwardness of adolescent first love. Points out the sometimes painful process of deciding personal values, and learning to judge relationships with other people.

Audience level: Grades 4-9
Availability:
For bookable copy: 2513

LOVED, HONOURED AND BRUISED 1980
1 reel (26min.) : sd., col.; 16 mm

Presents the story of Jeannie, married for sixteen years, who left her husband because he physically and mentally abused her. With the help of social workers, and the welfare and legal systems, she obtained a separation and started a new life for herself and her children. The film shows the various stages involved in this process.

Audience level: Grades 10-adult
Availability:
For bookable copy: 3426

A MAN'S PLACE 1979
1 reel (25 min.) : sd., col.; 16 mm

Presents four men who are pursuing non-traditional male roles, and their families who tell how the men enjoy roles as homemaker, and worker in a traditionally female job; parenting; and sharing family responsibilities.

Audience level: Grades 7-adult
Availability:
For bookable copy: 4327

MOTHER MAY I? : SCHOOL VERSION 1982
1 reel (24 min.) : sd., col.; 16 mm

Deals with sexuality and teenage pregnancy as seen through the eyes of a sixteen-year-old girl who thinks she is pregnant, and her eleven-year-old sister. Shows how they learn to communicate about sexuality, and act responsibly on sexual issues.

Audience level: Grades 7-12
Availability:
For bookable copy: 0956

MY MOM'S HAVING A BABY 1977
1 reel (47 min.) : sd., col.; 16 mm

Dr. Lendon Smith explains the events leading to pregnancy and birth to an anxious nine-year-old boy whose mother is pregnant. Includes a scene of an actual birth.
CAUTION: This film should be previewed before use.

Audience level: Grades 7-12
Availability:
For bookable copy: 4131

PEEGE 1973
1 reel (28 min.) : sd., col.; 16 mm

A dramatization which shows a family's Christmas visit to their grandmother, Peege, who is a patient in a nursing home. The oldest grandson is the only one able to break through the communication barriers and reach his grandmother who has become isolated by age, and failing mental and physical capabilities.

Audience level: Grades 7-adult
Availability:
For bookable copy: 1411

RUNNING MY WAY 1981
1 reel (29 min.) : sd., col.; 16 mm

Focuses on a fourteen-year-old girl and her twenty-five-year-old boyfriend and their struggle to deal with their maturing sexuality as well as the feelings of their parents, and pressure from their peers.

Audience level: Grades 6-adult
Availability:
For bookable copy: 0423

SWEET SIXTEEN AND PREGNANT 1981
1 reel (28 min.) : sd., col.; 16 mm

Outlines the options available to pregnant teenagers, as exemplified in the decisions of five young women.

Audience level: Grades 7-adult
Availability:
For bookable copy: 0763

TEENAGE FATHER 1978
1 reel (30 min.) : sd., col.; 16 mm

An introspective look at teenage parenthood from points of view of the unmarried father, his peers, the mother, and both sets of parents.

Audience level: Grades 7-12
Availability:
For bookable copy: 0558

A TIME TO TELL : TEEN SEXUAL ABUSE 1985
1 reel (17 min.) : sd., col.; 16 mm

Shows an adolescent peer support group where experiences are shared, specifically about acquaintance rape and incest. Stresses the importance of communication and encourages self-respect and respect for others.

Audience level: Grades 7-12
Availability:
For bookable copy: 4299

VD : MORE BUGS, MORE PROBLEMS (2nd edition) 1986
1 reel (20 min.) : sd., col.; 16 mm

Discusses chlamydia, gonorrhea, herpes, AIDS and syphilis as well as other sexually transmitted diseases. Includes information on symptoms, treatment, and effects if untreated.
CAUTION: This film should be previewed before use.

Audience level: Grades 7-12
Availability:
For bookable copy: 4364

A VERY DELICATE MATTER 1982
1 reel (30 min.) : sd., col.; 16 mm

Presents the story of two teenagers whose close relationship is threatened when one contracts venereal disease and fails to inform the other.

Audience level: Grades 7-adult
Availability:
For bookable copy: 4278

WHATEVER HAPPENED TO CHILDHOOD? 1983
1 reel (45 min.) : sd., col.; 16 mm

Examines problems and pressures confronting today's children. Includes scenes and interviews with pre-teens, adolescents and adults, discussing a variety of these problems including divorce, suicide, pregnancy, drug use, and crime.
CAUTION: This film should be previewed before use.

Audience level: Grades 9-adult, teacher training
Availability:
For bookable copy: 4337